SUNDAY SCHOOL

PLACE: ZHCC,
8787 W. Airport Blvd.,
Houston, TX 77071
Tel: 713-270-9339

TIME: Different timings for each group

DATE: June 9, 2019

Children’s Session
The Sunday School session starts at 10.30 a.m. to 11.30 a.m.

Middle Group: The Sunday School session at 11.00 a.m.

Youth Group: Sarosh Collector, Kaemerz Dotiwalla conduct this session.

UPCOMING EVENTS

Saturday, June 22, 2019 – Golden Group Lunch – See announcement
Sunday, July 14, 2019 – Sunday, Tirgan Celebration–1:00 to 4:00 pm
Friday to Sunday, July 26 – 28, 2019 – ZAH Z-Camp 2019
Wednesday, August 7 to 16, 2019 – Muktad Days
Saturday, August 17, 2019 – Hambandagi, Maachi
Saturday, August 17, 2019 – Navroze Function
Sunday, Sept 29, 2019–Fasli Mehrgan and Maedyozarem Gahambar
Friday, Oct 11 – 13, 2019 – Annual Library/ FIRES Event
Sunday, Oct 20, 2019 – Picnic – details to be announced

REPORTS

LIBRARY EVENT – June 7, 2019
By Jimmy Kumana

The inauguration of our Atash Kadeh on March 23, 2019 was a watershed event. Under the initiative of Aban Rustomji, a plan was developed to document the 4-day events in photographs, video recordings, press releases, and articles by various members of the community. It has taken a lot of follow-up work by volunteers, but 90% of these documents have now been archived in our ZAH library, and are available to all members of our community.

On Friday, June 7, a short video, produced by Judi Carlsson (at the request of Jimmy Kumana) featuring highlights of the 4-day ceremonies and celebratory events was presented at the ZAH Center. It will be uploaded shortly to the ZAH website after approval by the Library Committee. You are all invited to watch it, download it, and share with friends.

In addition, Judi produced two longer videos, of about 45 min each, curated from several hundred photos and video clips submitted by members for this project – one documenting the religious ceremonies,
and the other the social events. These are intended for creating a permanent historical record of the events, and potential distribution to other Zoroastrian libraries around the world. Together they represent several hundred hours of work over a 6-week period.

Aban Rustomji delivered the opening and closing remarks, and was Emceed by Arnavaz Sethna. Judi Carlsson then described the genesis and evolution of this documentation effort, after which the video was played. It was highly appreciated by the audience of about 70 persons.

Next, Feroze Bhandara and Ervad Khushav Nariman jointly expressed their vision and hopes for the role of the Atash Kadeh in forging strong community bonds. Some specifics:

1) The first and foremost goal is to pass the torch from the present first generation of immigrants to the next mainly US-born generation in order to ensure the survival and prosperity of the faith and culture of our forbears

2) The Atash Kadeh is open to all, at no charge, whether members of ZAH or not – with 24/7 access if you have a FOB. You are encouraged to bring non-Zoroastrian guests to increase awareness of our faith and culture. Available services are published on the ZAH.org website/

3) A venue for seeking peace and quiet, meditation, serenity and spiritual uplift in the midst of a hectic stressful day-to-day life, communion with other visitors, and engaging in prayers with the mobeds who are present from about 10 am – 6 pm daily.

4) A venue for holding jashans and machhis to celebrate auspicious events in your family life – like birthdays, anniversaries, graduations, promotions, new better job, new homes, etc.

5) The mobeds are available to impart knowledge of the religion, especially to the younger generation. There are plans to offer 1-on-1 sessions on life coaching to those in the community (usually under 40s) on dilemmas regarding career progress, domestic relationships, at some point in the future.

6) For elderly members of the community, there is a proposal to offer free transportation between home and the ZAH Center, in a community van (yet to be purchased)

It is hoped that more members of the community will not only take advantage of the facilities offered by this gorgeous new building, but also join ZAH as paid-up members and contribute towards maintenance and upkeep of the Atash Kadeh. The A-K committee is flexible about developing sensible rules and regulations that further the primary goals, and suggestions from the membership are not only welcomed but encouraged.

Reflections about the experience of participating in the A-K inauguration were offered by Jehanbux Mehta, Freyaan Vimadal (a recently ordained young Navar), Bapsi Sidhwa, Natasha Dungor and Roshni Chickhiwala (who both recently toured Agiaries in Bombay, Pune, Navsari, and Udwada). And and Irish jig performed by Natasha Dungor and Mahtab Dastur delighted the audience.

Finally, there was a short talk by Sri Preston Kulkarni, an invited guest. He is running for election to the US House of Representatives from Ft Bend County in 2020, and will be a voice for our community in Congress. He appealed for our votes.
Last month, April, was our annual carnival. We sold popcorn and snowcones machines for which were generously donated by Sarosh Collector. We also sold water bottles and chicken cutlets. We raised $256 and donated fifty percent of our earning to ZAH. It was a very successful carnival for the youth group.

This month, June, we celebrated our graduates. Since most of the youth groups rising seniors have been studying for their SAT and ACT, we decided to let them focus on their studies. Congratulations to our graduates! We are extremely proud of you guys!

Next month, July, we hope to plan a Tirgan event. We are currently talking about what we plan to do and the date will be determined shortly.

MISCELLANEOUS

GOLDEN GROUP ANNOUNCEMENT

For many many years, it was Zarine Balsara who kept our Golden Group alive, and more importantly, kickin’. Single handedly she would plan and execute events for us, nearly every month. They ranged from catered lunches or pot lucks at our Center, outings at parks, lunches at reasonably priced restaurants and more. When she suggested a little more than a couple of years ago that some other member or members take over the baton, we paid no heed to her. Little did we realize that she was not in the best of health and would be gone from us so soon.

How can we emulate her? Very difficult, but to keep the tradition going and to continue to foster friendship among our silver haired Zoroastrians, six of us, namely, Diana Balsara, Lyla Daroga, Arzin Italia, Anita Kavina and Sillie & Jehanbux Mehta, collectively called Helping Hands, have decided to give it a go.

The first gathering, a lunch has been planned at our Center at 12:00 noon on Saturday, June 22, 2019, followed by tea and a round of Bingo. Future events will be chalked out with input of those present at the lunch.

The annual membership subscription will remain unchanged at $10 per member to help in defraying expenses relating to supplies (paper plates, glasses, cups, plastic cutlery), soft drinks and tea material at our events.

Our events in the past have always been homely, providing yet another outing for those who love to be among an enlarging group of friends. All Zoroastrians of the age of 60 and above are most welcome to sign in as members. In fact, we urge you to do so. Call any of Helping Hands and become part of the tradition.

WE HAVE MOVED

Jal & Shermeen Sethna have moved. Their new address is:

3203 Riviera Drive
Sugar Land, TX 77479
**MEMBERSHIP DUES**

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**For Printed/Mailed copies**

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<th><strong>Definition of Categories</strong></th>
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<td>Parents and their children under 18</td>
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<th><strong>Single Member Head of Household</strong></th>
<th>Single parent with children under 18</th>
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**PLEASE MAKE YOUR CHECK**

**PAYABLE TO:** ZAH AND MAIL TO:

ZAH Treasurer
8787 W Airport Blvd.
Houston, TX  77071

Or pay online:
http://zah.org/?event=zah-annual-membership-2018

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**Z-CAMP - July 26 - 28, 2019**

Hello Kids and Parents,

Register NOW to reserve your spot at Z Camp 2019! Limited spots are available and are going quickly! You don’t want to miss out on all the fun!

The ZAH Z-Camp is back after 6 very successful years and will be held from July 26th - 28th, so please register soon at this link [http://zah.org/events/zah-z-camp-2019/](http://zah.org/events/zah-z-camp-2019/)

Calling all kids ages 5-25: Come see your old friends and make new ones at a weekend camp that's always a good time!

Test your brainpower and learn new skills, we’ll have Iron Chef/Chopped, Field Day games, Impossible Engineering, and plenty of time to hang out with your friends... but perhaps also some things never before seen at Z Camp...

Online Registration closes on July 8th, 2019. or earlier if capacity reached. No late registrations will be allowed !!! Only 20 Out Of Town spots available, please book soon!

- When: Saturday, July 27th, 2019 10:00 am – Sunday, July 28th, 2019 (Friday, July 26th 8:00 pm onwards Pre-Camp sleepover for out of town and over 14 attendees ONLY)
  - Ages 10 and Up – Camp overnight (Bring your sleeping bag and pillows)
  - Ages 5-9 – Day Camp Only (Sat 10:00am – 11:00pm and Sunday 9:00am – 4:00pm)
  - Cost: $30 per attendee

Parents/Grandparents and guests please join us on Saturday, July 27th at 7:30 pm for “Camp Dinner with Kids” ($15 pp - Registration required) and on Sunday, July 28th at 1:30 pm for the final event, awards and more!

As the prices are extremely subsidized please consider being a Sponsor or Donate towards the camp. If interested, please email Kayo Sidhwa at kaysid@hotmail.com. We look forward to seeing you!

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**BIRTH**

Twin girls, Jade Ellen and Scarlett Rose were born on June 2, 2019 to Ashley & Zane Sethna. Roshan and Zarir Sethna are proud grandparents, and Zal and Tatiana Sethna are proud uncle and aunt. Great grandmothers Nina Sethna and Nergish Patel are on cloud nine

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**NAVAR**

(Er.) Raamin Sanjana Ordained Navar
10-year-old Raamin Sanjana, son of Kaneeza and Er. Zubin Sanjana, was ordained Navar on Roj Daep-din, Mah Dae, YZ 1388, at Malcolm Baug's Bai Motlibai Wadia Adaran in Jogeshwari, under the guidance of Er. Eric Dastur and Er. Khushru Kanga. Er. Raamin is the grandson of Frey and (Late) Soli Bhagat and grandson of Er. Bomanshah and Frey Sanjana. He is the 27th direct descendent of Mobed Nairyosangh Dhaval from the Shapur Rana family who is known to have come and settled down in Valsad.
Maidhiyarem Gahambar (Dae Mahino)

*By Entertainment Committee*

The Maidhiyarem Gahambar (Dae Mahino) was celebrated at the ZAH Center on Sunday, June 2, 2019 and was attended by estimated 275 Persons (includes kids). We would like to thank the following sponsors who helped partly sponsor the Gahambar.

Zarathushtis of Austin, TX

Diana Balsara (In memory of Mahrukh Medhora Charna)
Avan & Noshir Bhathena
Pearline & Sarosh Collector
Lyla & Raymie Daroga

ZAH appreciates their kind gesture and their generosity.

For the first time the Gahambar Jashan was performed at the Atash Kadeh. The Prayers were conducted by our Ervads Pervez Gonda, Noshir Khumbatta, Zubin Kotwal Maneck Sidhwa and Yazad Sidhwa. Nazneen and Kershaw Khumbatta donated the fruits and flowers for the Ghambar Jashan.

After the prayers everyone moved to the ZAH Atrium and Hall to partake in the Chasni of fruit, mevo and malido was served. The hall was very tastefully decorated by Banafsheh Mondegarian and Yasmin Medhora with the assistance of Theia Bharucha and Mahtaab Mondegarian.

The malido was prepared and donated by Mahrukh Deputy, Shireen Mehta and Yasmin Medhora. Shole Zard was donated by Shahnaz Varaahrami. Fruits were donated or cut by Perzen & Neville Akolawala, Roshan & Percy Behramsha, Aban Chhor, Nali & Danesh Desai, Farida & Neville Divecha, Kamalrukh & Minoo Gandhi, Farah Khumbatta, Elvia & Ronnie Patel, Parynaz & Khushroo Vimadalal

The attendees thoroughly enjoyed the delicious goat meat dhansak, turkey kabobs, veg stew and kachubar/limboo for lunch prepared by our very own Naushad Mehta of Cillie’s.

All donations received and all the money collected as ticket charge was given to the ZAH.

Last but not the least, thanks to the web and the Manashni team for their help, the Entertainment Committee (Arzin Italia, Zia Anklesaria, Farrokh Firozgary, Banafsheh Mondegarian, Fiona Setna and Nozer Dungor) for setting up and working the event, Persis Behramsha and the Atash Kadeh committee for arranging the Jashan and the volunteers who helped cut fruit, serve lunch and helped in various errands at the event.

May God bless our wonderful community.
Summer is here…. Sun Safety Tips

Exposure to ultraviolet (UV) rays causes most cases of melanoma, the deadliest kind of skin cancer. To lower your skin cancer risk, protect your skin from the sun and avoid indoor tanning.

Plan your sun protection using these tips—

- Seek shade, especially during late morning through mid-afternoon.
- Wear clothing that covers your arms and legs.
- Wear a hat with a wide brim that shades your face, head, ears, and neck.
- Wear sunglasses that block both UVA and UVB rays.
- Use sunscreen with SPF 15 or higher and both UVA and UVB (broad spectrum) protection.
- Remember to reapply sunscreen at least every 2 hours and after swimming, sweating, or toweling off.

Exposure to ultraviolet (UV) rays causes most cases of melanoma, the deadliest kind of skin cancer. To lower your skin cancer risk, protect your skin from the sun and avoid indoor tanning.

Summer is full of outdoor activities. You probably put sunscreen on yourself and your kids when you go to the pool or the beach. But do you know you should protect your skin with more than just sunscreen anytime you’re outside? Sun protection is important all year round, and it’s best to use several different kinds. When you’re working in the yard, watching a ballgame, or taking an afternoon walk, make sun safety an everyday habit so you can avoid getting a sunburn and lower your chance of getting skin cancer.

What’s In Your Tote Bag?

Here’s an easy tip to help make sure you and your family stay sun-safe. Get ready for summer with a tote bag full of different ways to protect your skin. Some important things to pack—

- A lightweight long-sleeved shirt or cover-up.
- A hat with a wide brim that shades your face, head, ears, and neck.
- Sunglasses that block both UVA and UVB rays.
- Sunscreen with SPF 15 or higher and both UVA and UVB (broad spectrum) protection.
- Stay in the shade, especially during late morning through mid-afternoon.
- Can’t stay in the shade? Wear a long-sleeved shirt and pants to protect your skin.
- Remember to reapply sunscreen at least every 2 hours & after swimming, sweating, or toweling off.