SUNDAY SCHOOL

PLACE: ZHCC, 8787 W. Airport Blvd., Houston, TX 77071   Tel:  713-270-9339
TIME:  11:30 a.m. – Different times for different groups.
DATE:  August 10, 2014

Children’s Session: Just for this month the Sunday School session will be conducted by Nazneen Khumbatta.

Middle Group: This group is for the children in the middle school. If your child falls in this age group, do please bring him/her to the Sunday School.

Senior Group: Sarosh Collector conducts this session.

UPCOMING EVENTS

Saturday, August 16, 2014 – Town Hall Meeting for presentation of the plans for Atash Kadeh
Monday, August 18, 2014 – Shehanshahi Navroze Humbandagi – 6:30 p.m.
Saturday, August 23, 2014 – Shehanshahi Navroze Dinner & Dance – See Flyer
Friday, August 29, 2014 – Library Event – Talk by Kersee Kabraji – See Flyer
Sunday, September 21, 2014 – ZAH Picnic (offsite) – See Flyer
Saturday, October 4, 2014 – ZAH Table Tennis Tournament
Sunday, October 5, 2014 – Fasli Mehergan Gahambar

MEETINGS

<table>
<thead>
<tr>
<th>GOLDEN GROUP</th>
<th>Fourth Sunday of each month. Interested? Please call Zarine Balsara at 281-304-6611</th>
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</thead>
<tbody>
<tr>
<td>LIBRARY COMMITTEE</td>
<td>First Sunday of each month at 11:00 AM. Interested in helping? Or would like more information, please call Aban Rustomji at 281-493-1275 or e-mail her at <a href="mailto:aban@coatingindustries.com">aban@coatingindustries.com</a></td>
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ATASH KADEH UPDATE

Dear Community Members,

We are pleased to update everyone on the status of the new Atashkadeh.

We will have an open session on Saturday, August 16, 2014 at 2:30 p.m. at the ZHCC, after the muk tad lunch. At this session we will be presenting the plans for the Atashkadeh designed by Mr. Dadi Surti. As some of you who might remember, Dadi Surti also designed the ZHCC, in addition to a number of Agiaries/Atashkadeh’s all over the world. Please join us and get a first look at the concept and plans.

On Monday, August 18, 2014, after the Hambandagi, the architect will be available to answer any questions that you may have. Executive Committee
Upcoming Library Events

Friday, August 29, 2014 - 6:30 pm

We are fortunate to have Mr. Kersee Kabraji of Pune, author of "A Gathic View of Zoroastrianism and Ethical Life," share his insight into Zoroastrian principles as seen through the Gathic verses. Kabraji is on a lecture tour of U.S. and Canada during his 3 week visit.

Saturday Nov 1, 2014 and Sunday Nov 2, 2104

Our 11th annual library event will take place on Saturday, November 1 & 2. Sarah Stewart, who recently edited the richly illustrated The Everlasting Flame: Zoroastrianism in history and imagination, is our speaker.

Dr. Stewart has two exciting talks. The first one will examine the three traditions: the Iranian tradition that gave birth to the religion; the Parsi tradition established in India; and the tradition that emerged when Western scholars started examining Zoroastrian religious beliefs. The second talk will be on self-definition among Zoroastrians in contemporary Iran. Stewart will share with us the personal testimony of Zoroastrians living in towns and villages across Iran and Tehran.

All families, students, and friends of the community are invited and encouraged to attend. Lectures are always FREE. We hope you will also join us for lunch and an evening dinner reception where Kamalrukh Gandhi and her troupe will entertain us with a delightful program. (See flyer for details).

Oral History Project

Rice University’s oral history project (HAAA) invited all participants to a reception on July 25. We missed those of you that could not attend, but we are grateful for your participation and support. All ZAH interviews should be uploaded to the online archive at Rice University's Fondren Library Woodson Research Center within the next month. Meanwhile, do view the informational video about HAAA featuring some of ZAH members at http://chaocenter.rice.edu/haaa/.

Donors

Our grateful thanks to Roshen & Nano Darowala for their generous cash donation and to Soli Dastur for sending us a classroom set of 'A Manual for Learning Avesta'. Interested individuals are invited to check this out and learn the rudiments of an ancient language.

YOUTH GROUP REPORT

By Friyana Sidhwa – Vice-President, ZAH Youth Group

The Ballad of Rudy and Zal

The month of July was a great one for us as the ZAH Youth Group held the biggest fundraiser of the year. The entire Youth group and our lovely parents spent tireless months whether it was perfecting the show or sewing dresses or cooking and cleaning for us. We are so proud to say that we raised almost $7400 (net) in one evening. We would like to say a very big thank you to our generous donors as well as our dear ZAH Community members who have always supported us in all our fundraising efforts.

We would also like to thank Kamalrukh Aunty for her dedication and commitment as well as the various committees mentioned below without whom this show would not have been possible:

- The Script Writing Committee - Kamalrukh Gandhi, Rayhan Nariman, Farzad Sunavala, Tanaya Behramsha, Vispi Katrak
- The Choreography Committee - Freya Daroga, Friyana Sidhwa, Natalya Haveliwal, Vispi Katrak
- The Tech Committee - Aderbad Tamboli, Khushrav Nariman, Rayomand Katrak, Rayhan Nariman
- The Costume Design Team - Shernaz Bhandara, Lyla Daroga, Farzana Sidhwa, Jasmine Katrak, Nikita Engineer, Persis Colah, Avan Bhathena, Roshan Behramsh and Arzan Gonda for letting us use some of her amazing costumes
Officer Elections for 2014-2015
We would like to wish all the very best to all our friends who will be departing for their Freshman year in their quest for higher education. We will miss them a lot. We had our annual officer elections on July 20th and here are your new Youth Officers for the year 2014-2015:

Vispi Katrak- President  Friyana Sidhwa- Vice President
Freya Daroga- Secretary  Serena Setna- Treasurer
Katie Master- Historian  Kyrus Buchia- Webmaster

Congratulations to all the newly elected officers and we look forward to a fun and productive year!

MISCELLANEOUS

CALL FOR DONATIONS/SPONSORS
FASLI MEHRGAN GAHAMBAR

Fasli Mehrgan Gahambar is scheduled for October 5, 2014. This is a call for donations for sukhad/loban, malido, flowers, fruits, dried fruits, or cash donations for this gahambar. Please inform Yasmin Medhora at chiefyas1@sbcglobal.net by 8/22/13 or call her at 713-466-3908 for the items or cash donations that you would like to give, so that the Entertainment Committee can figure out the rate to charge.

ZAH MASTER CHEF AT THE Z CAMP IN JULY

The following is a summary of the 2½ hour Food Session organized by Yasmin Medhora at the ZCamp for the 79 kids who participated in this session. ZCamp Core Team had selected three judges for this competition, Ms. Sillie Mehta, Ms. Diana Balsara and Ms. Shernaz Boomla.

The Food session was split into 3 parts.
The First session was the preparation of the Crockpot Chocolate dessert by all four teams. The teams followed the attached super easy recipe and prepared this sensational dessert which they ate that night with vanilla ice cream.

The second session was the ZAH Master Chef competition for the three age groups of attendees. The Youth group prepared “Kheemo”. They were given a choice of various veggies, masalas, condiments, carb accompaniments and all cooking supplies to prepare any style of kheemo. The result was an amazing gastronomic experience. The Middle group teams prepared a Layered Dessert, similar to a trifle. They were informed to select cake or cookies as the base; fruit of their choice for the second layer; pudding, jello and other items for the third layer and cool whip as the final layer. You could see the pretty layers thru the glass bowl. The décor on top was very innovative. The little kids decorated the bakery-fresh cookies. The cookies were first frosted. The yummy toppings were added next and finally cookies from each group were presented on a tray with pretty décor. They also made dainty necklaces out of fruit loops cereal.

All team competitions were judged on their creativity of choice of ingredients, taste, team work and presentation. All judges were very involved with the groups.

The last session was a demonstration of “Shrimp Pasta with Alfredo Sauce” by Yasmin Medhora. The group learnt the following 6 steps in making a pasta dish:

First, select the type of pasta, e.g. penne, bow tie, linguini.
Sauce comes next, e.g. alfredo, tomato, mushroom.
Third, select the protein and marinate to enhance flavor, e.g. chicken, shrimp.
Fourth, select the colorful veggies of your choice.
Fifth, select condiments like garlic, salt, pepper, red pepper flakes, wine.
Sixth, any type of cheese to pair with the pasta.
The prepared dish was gobbled up in a jiffy.
Team points were given by our esteemed judges. Thanks to all our energetic participants, our dedicated volunteers and the camp core team.
Crockpot Chocolate dessert
By Yasmin Medhora

1 chocolate cake mix (18.25 oz.)
2 cups sour cream
1 pkt instant chocolate pudding mix (3.4 oz.)
1 bag chocolate chips (6 oz.)
¼ cup oil
4 eggs
1 1/2 cups water

Gently hand mix all ingredients into a greased crockpot (nonstick cooking spray).
Cook on Low setting for 6-8 hours.
Do not lift the lid during the cooking process.

Spoon out warm dessert into bowls and top with vanilla ice cream.
Add more chocolate chips and nuts in your bowl if you like.

The above mix is not very sweet, hence after adding the Ice cream, it gives the right sweetness.
You can substitute sour cream and oil with any low fat items. You can put the dessert on high for the first 2 hours and then low in case you are short of time.

SHEHANSHAHI NAVROZE

Shehanshahi Navroze Hambandagi: Monday, August 18, 2014 at 6:30 p.m. at the ZHCC

Shahenshahi Navroze Celebration - Saturday August 23, 2014 Doors Open at: 7:00 p.m.
Program Starts Promptly at 7:30 p.m. Plan to join us for a Traditional Navroze Celebration complete with chawk-toran, and Parsi “Bhonu”! SEE ATTACHED FLYER

SCHOLARSHIP AWARDS
congress 2000 legacy scholarship Winners

August 1, 2014

It gives us immense pleasure to announce that this year we have our two winners for the 2014 congress 2000 legacy awards. We at ZAH recognize and honor our youth going off to college in order to recognize their excellence in the Academic Arena and their contribution to the ZAH center through community service, both, within the ZAH community & mainstream America.
This year, again, competition was fierce, the applicants were just spectacular, and it took careful deliberation for the selection committee to come up with our two winners. All applicants went through the full award selection process set by an executive judgment of the Legacy Planning Committee Team and acknowledged by the ZAH-EC.

IT IS A TREMENDOUS HONOR TO BE THE RECIPIENT OF THESE GRANTS

THE 2014 OUTSTANDING WINNERS ARE:

NATALYAHAVELIWALA  - the congress 2000 legacy award

The chosen recipient of this 2014 Award is to be commended on her achievement, dedication, and contributions. She is the proud recipient of our 2000 congress legacy award which was established as a result of the funds generated from the success of World Zoroastrian Congress 2000 & the additional grants received. The award recognizes young ZAH students who are studying at the University level and who have achieved excellence in their scholastic studies, in extra-curricular activities and who have made substantial contribution to community affairs.
The chosen recipient for the "Cyrus Rohinton Desai Award" is also to be commended for his achievement, dedication, and contributions. This was set up by the Desai family in memory of their son, a courageous young Houstonian who lost his battle with cancer. It was Cyrus’s ardent desire to go, even for a day, to college but sadly this was not meant to be. That is why this award is given exclusively to the person who is going off to college for the first time! This award also recognizes ZAH students who have achieved excellence in their scholastic studies, in extra-curricular activities and who have made substantial contribution to community affairs.

Let us not forget our distinguished panel of judges who are selected by our Dr. Farrokh Mistree from major learning institutions across the USA. This year the judges were; Dr. Beheruz N. Sethna; Dr. Poras T. Balsara; Dr Yezdi H. Godiwalla, Dr. Tinaz Pavri; Dr. Farah Shroff; and our ZAH Youth representative on the committee Mrs. Pearline E Collector. We at ZAH are fortunate to have such a dynamic panel of judges from across North America and who care for our kids!

The ZAH Executive Committee and the congress 2000 legacy Committee congratulate our winners. We believe these students deserve to be recognized as innovators and leaders for tomorrow’s global community. By supporting the next generation of great minds we pay tribute to the success of the World Zoroastrian Congress we had in 2000 from which the initial funds were generated!

In ending we would like to seriously identify and locate new funds by requesting families and corporations who would like to bequeath funds and have an award set up in the memory of a family member and/or an institution.

With our best wishes,
The legacy committee

Homi Davier - Chair
Dr. Farrokh Mistree
Aban Rustomji
Pearline Collector
Percy Behramsha

The congress 2000 legacy is an award program of the Zoroastrian Association of Houston

ZAH FITNESS PROGRAM
OPEN HOUSE

First ever ZAH Fitness Program – Conducted by Tenaz Sunavala, and the Entertainment Committee’s “fitness crew”.
Ages: 12 and over
Date: September 14, 2014
Time: 11:00 am

ZAH Fitness is a fitness program to promote a healthy lifestyle, strong mind and body. This exciting workout combines simple to moderate 45 minute cardio workout with a warm-up and cool-down. Enjoy energy building cardio choreography and muscle strengthening, all in one fun class. Appropriate for all fitness levels, so join in and jump start your day with a great workout!

Please consult with your physician before starting any physical fitness program.

NEW BUSINESS - DJ/EMCEE SERVICES

Who doesn’t know Farrokh Firozgary! After providing years of DJ/Emcee Service to the ZAH, Farrokh has now expanded into a new business – DJ GARY. Call Farrokh at 281-685-7245 or e-mail him at firozgary@yahoo.com for your private functions such as Navjote, Wedding, or any special occasion. He can provide live band if required. Special discount for ZAH Members is offered.

NAVJOTE

Anjalee Patel, daughter of Ronnie & Elvia Patel, had her Navjote on August 2, 2014. She was well prepared with her prayers and recited them without any inhibitions. Anjalee had special guests come for the occasion from Puerto Rico, Alabama and Florida. After the Navjote, Anjalee entertained her guests with the song "Let it Go" from the movie "Frozen", and a Bollywood dance performed by her and her friends.
ZAH Library presents

A Gothic View of Zoroastrianism and Ethical Life

by

Kersee Kabraji

Kersee Kabraji, a native of Pune, India, aims to provide a perspective on Zoroastrian principles as seen through the Gothic verses. Kabraji has lectured on this topic across India and now the United States. He has recently published a book with the same title.

Please plan to attend with your family and friends and be enlightened on the founding principles of Zoroastrianism.

Date: Friday August 29, 2014
Place: Zarathushtri Heritage & Cultural Center
Time: 6:30 pm - Meet & Greet
7:00 pm - Lecture
8:00 pm Q & A
Lecture is FREE—Light refreshments will be served
RSVP Arnavaz Sethna ahsethna@yahoo.com for a head count

SHEHANSHAHI NAVROZE FUNCTION

Shahenshahi Navroze Celebration
Saturday August 23, 2014
At The Zarathushti Heritage and Cultural Center

CLICK HERE TO RSVP

Doors Open at: 7:00 p.m.
Program Starts Promptly at 7:30 p.m.

RSVP (Deadline 8/17/14)
If paying by check, your check payments must be received by 8/17/2014, at:
ZAH
Attn: Navroze Function 2014
8747 West Airport Blvd.
Houston, Texas 77071
If you have any questions please contact:
Yasmin Mehdoria: (713) 466-3908

RATES
ZAH Member: 11 years and up - $25
ZAH Non-Member: 11 years and up - $40
Member Children (3-10 yrs): Pizza - $7; Regular food - $14
Non-Member Children (3-10 yrs): Pizza - $11; Regular food - $16

IF PAYING BY CHECK: PLEASE WRITE IN THE MEMO:
- No. of ZAH members/non-members (11 yrs and up)
- Number of children (3-10yrs) for Pizza or Regular food
- Please write “Navroze 2014” on the envelope

Non-member rates apply for all RSVPs and payments received after 8/17/2014
Individuals over 18 years must have separate membership from their parents
Member rates apply to out-of-town house-guests of members (if RSVP and check received by 8/17/2014)
Should anyone over 10 years want to opt for pizza, please inform at the time of payment. Adult rates apply

In Keeping With Our Theme,
We Request Traditional Attire: Sarees, Garas, Dugis, Navjote Outfits...

BYOB

Event Organized By: ZAH Entertainment Committee
ZAH PICNIC

GALVESTON ISLAND STATE PARK
Sunday September 21, 2014
11 a.m. onwards

ENJOY A DAY OF FUN, GAMES, AND FOOD IN SUN’n’SAND

FUN ITEMS TO BRING ALONG: Frisbees, sand games, soccer ball, football, beach umbrellas, canopy, and other activity items.

POTLUCK: PLEASE BRING A FOOD ITEM TO SHARE:
Covered Entree or similar food item to share. Please do not bring: Cakes, Cookies, Pies, Soda, etc. in lieu of your covered dish
Dessert and soda will be provided.

PLEASE BRING YOUR WATER BOTTLES, JUICES, AND ICECHESTS.

DOGS PERMITTED ON LEASH

BRING YOUR BEACH UMBRELLAS, CANOPY & CHAIRS!!!

STATE PARK CHARGES (No ZAH Charges)
$5 per person 13 yrs. and over; 12 yrs. and under free; Over 65: $3 with Texas I.D.

Address: 14901 FM 3005 Galveston, TX 77554 Phone: (409) 737-1222

DIRECTIONS FROM HOUSTON
I-45 South towards Galveston. Exit 51st Street. Make a right at the light. At the sea-wall make a right and drive 10 miles, and arrive to Galveston Island State Park entrance on the left. Pay fee at park entrance, and come to the picnic tables area to join in the fun!!!
ZAH Library Proudly Presents

Sarah Stewart

Pictures at an exhibition—Voices of the people

November 1 and 2, 2014

PROGRAM
Saturday, Nov 1
10:00-10:30 Meet & Greet

10:30 -11:30 The Everlasting Flame: Zoroastrianism in history and imagination

The Everlasting Flame: Zoroastrianism in history and imagination, was an exhibition held at the Brunei Gallery at the School of Oriental and African Studies (SOAS) in London, in 2013. It explored the history of Zoroastrianism, its culture and religion, as well as its influence on major religions of the world. It examined three traditions: the Iranian tradition that gave birth to the religion; the Parsi tradition established in India; and the tradition that emerged when Western scholars started examining Zoroastrian religious texts. This talk will focus on these three traditions within the different historical contexts presented in the exhibition.

12:00 Lunch

1:00 – 2:00
Themes of Self Definition among Zoroastrians in Contemporary Iran

What does it mean to be Zoroastrian in Iran today? How have Zoroastrians negotiated their minority status in order to practice their religion and survive as a community? These and other themes of self-definition will be discussed through the personal testimony of Zoroastrians living in towns and villages across Iran as well as in Tehran.

7:30 Dinner reception to honor Sarah Stewart

Sunday, November 2,
TBA

LECTURE IS FREE

LUNCH $7.00
DINNER RECEPTION $15.00
Zarathushti Heritage & Cultural Center

Sarah Stewart is a lecturer in Zoroastrianism in the Department of the Study of Religions at SOAS. She is co-convenor with Edmund Herzig of the Idea of Iran series and has co-edited five volumes in the series. She recently curated an exhibition and edited a richly illustrated book, The Everlasting Flame: Zoroastrianism in history and imagination.