SUNDAY SCHOOL

PLACE: ZHCC, 8787 W. Airport Blvd., Houston, TX 77071   Tel: 713-270-9339
TIME: 11:00 AM.
DATE: November 14, 2010

Children’s Session: The “Let’s Learn Gujarati Together” session will be from 11 am to 11.25 am. Topic will be “Pronouns and Verbs” and building sentences. Sunday school will begin promptly at 11.30 am.

Middle Group: Arnavaz Sethna and Pearline Collector conduct this session.

Senior Group: Sarosh Collector conducts this session

Adult Sunday School Classes – If you are interested in joining Adult Sunday School classes, please contact Nazneen Khumbatta, preferably at nazneekhumbatta@yahoo.com

UPCOMING EVENTS

Sunday, November 14 – ZAH Annual General Meeting
Dec 29th to Dec 31st – North American Zoroastrian Congress in Houston. Read the weekly NAZC Newsflash for the latest information.

MEETINGS

<table>
<thead>
<tr>
<th>GOLDEN GROUP</th>
<th>Fourth Sunday of each month. Interested? Please call Zarine Balsara at (281) 304-6611</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIBRARY COMMITTEE</td>
<td>First Sunday of each month at 11:00 AM. Interested in helping? Or would like more information, please call Aban Rustomji at 281-493-1275 or e-mail her at <a href="mailto:aban@coatingindustries.com">aban@coatingindustries.com</a></td>
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REPORTS

YOUR EXECUTIVE TEAM REPORTS

Please mark your calendars for the annual ZAH annual general meeting, scheduled for 11/14/10, at 2PM. As always, ZAH will provide lunch; however an RSVP is requested – please email your RSVP for lunch to percy.master@hp.com. All members are requested to attend the AGM, since a quorum of the membership is required to ensure passage of ZAH’s annual financial reports.

The EC would like to thank everyone who donated to the last gahambar. Donations were graciously provided by Avan & Noshir Bhathena, Bakhtawar & Kershaw Byramji, Sarosh & Pearlne Collector, Bomi & Roshan Gazdar, Zenobia & Jal Guzdar, Parvin Irani, Kershaw & Nazneen Khumbatta, Jehanbux & Sillie Mehta, Dina & Rustom Mody, Aban & Savak Patel, Shirin & Bahadur Sarkari, and Jehangir & Avan Shroff. In addition, donations were also provided by members who would like to remain anonymous. The EC appreciates their generosity.
Many thanks to our Ervads, who performed the Jashan ceremony for the gahambar - Bomanshaw Sanjana, Maneck Sidhwa, Khushrav Nariman, Viraf Nariman, Bahrom Firozgary, Nozar Boomla, Noshir Khumbatta.

The EC has endorsed FEZANA’s position to fund a chair at Stanford University dedicated to Zoroastrian Studies, by pledging $1000 annually for the next three years. Thanks to the Mehta Fund, our first year’s commitment has already been taken care of!

The EC would also like to thank the Mehta Fund for the donation of a brand new ice maker for our kitchen, as well as a generous donation for the necessary servicing of the ZHCC’s air conditioners.

Remember to visit the JUST NEWS link on the ZAH website for the latest news on ZAH. Until next month, we, your EC, wish you the very best and look forward to seeing you at the Center. If there is anything you would like to discuss with the EC, please be sure to contact Percy Master (the ZAH secretary) by email at percy.master@hp.com, so that your issue can be added to the agenda for the next EC meeting.


LIBRARY REPORT
(No report at this time)

ZAH YOUTH GROUP REPORTS

We began our journey by learning prayers with Katy aunty and then attended Vehishta aunty’s classes learning songs, prayers, and Zoroastrian beliefs. Slowly, we moved on over to Anu & Pearline aunty’s middle group learning key fundamentals that shape our religion and finally made our way into the storming discussions of Sarosh uncle’s and Behroze aunty’s Youth Group where we swim deep in the ocean of religious stories, prayers, and Zoroastrian meanings. We are the 2010-2011 ZAH Youth Group.

Congratulations to all the seniors who have graduated. Good luck in college, and we will miss every one of you. The 2009-2010 year was great, but we will step it up, one-step further, this coming year.

The September month was our first Sunday school of this brand new year. Congratulations to our new office of leaders for this coming year.

President: Fram Haveliwala
Vice-Presidents: Viraf Nariman & Cyra Byramji
Secretary: Zenia Sunavala
Treasurers: Rayomand Katrak & Cyrus Byramji
Historians: Ziba Colah & Shayan Bhathena
Youth Mom: Tanaz Sunavala
Youth Mentor: Jenisteen Davier
Youth Teacher/Mentor: Zal Sethna

I have great expectations for this year, and I will do my best to keep the officers involved and busy, and also get the Youth much more involved in what we do. Our key goal this year is to raise funds/money to lessen the cost of our Vancouver Youth Congress for next year.

For our community service project, we volunteered at “Habitat for Humanity” and built, hammered, and constructed walls for about-to-be homes. It was a fun experience for the Youth and we all sweat together which only brought us together during our very first project.

Also, our first car wash was a huge success! We raised over a $1,000 and it could not have been possible without the help of our wonderful ZAH community. We appreciate all those who brought their cars for a good, spankin’ wash. In addition, we would like to say a BIG thank you to the people who also made extra donations. It was a great success thanks to the help of everyone who planned and organized this event. Hopefully, you will see us out there, very soon.

Lastly, the Youth would like to thank Sarosh uncle, Behroze aunty, Tanaz aunty, and Jenisteen for their wonderful, continuous support in all that we do.

Every year, the group gets closer and closer together and hopefully, this coming year, this group will work even harder and be even better, because in the end, it is all about leaving a legacy for the younger Zoroastrians.

The officers will keep the community as updated as possible.

Yours truly,
Fram S. Haveliwala  
2010~2011 President of the ZAH Youth Group

MISCELLANEOUS

NAZC CORNER

Kurti Raffle that began on October 3, 2010 will continue until the Annual General Meeting which will be held on 14th November. The winner of this raffle will be announced on the day of the AGM. You do not have to be present to win, but it will be great if you are there to receive your prize!

Along with the Kurti, we now have a Topi, and two Cell Phone Covers to give away as the second, third and fourth prize also, so be sure to call Persis Behramsha at 281-859-1302 and request tickets from her.

1 ticket for $5.00  
5 tickets for $20.00

NAZC Fundraising Team

Keep current with the NAZC News from the latest NAZC News Flash !!

REMINDER—Deadline 31 October 2010 - ZAH Essay Competition for Zarathushtis up to 25 yrs of age

The Zoroastrian Association of Houston Library is holding an essay competition in order to promote Zoroastrian scholarship among our youth. The winner will be awarded a $1,000 prize and free registration to the 10th North American Zarathushti Congress in Houston, TX in December 2010. The winner will also make a presentation about his or her essay at a time slot allocated at the Congress.

**Topic**  
The Shah Nameh: A Glorious Past—A Prologue to the Future

**Eligibility**  
The competition is open to all Zoroastrians living or studying in North America under the age of 25 as of December 31, 2010.

**Deadline**  
October 31, 2010.

**Format**  
Entries must be submitted electronically to Aban Rustomji at aban@coatingindustries.com in Microsoft WORD, double spaced, in 12-point Times New Roman font, and with 1-inch borders all around. The participant’s name, address and phone number shall be on a separate cover page only. No name should appear on subsequent pages. The names will be removed, and replaced with a numeric identifier, before the essays are sent to the judges for evaluation.

**Judging**  
The ZAH Library Committee will select three judges to evaluate the essays on the following basis:

- Content – Original Argument
- Content – Correctness of Facts / Completeness
- Analysis & Supporting Research
- Organization Structure (Transition, Mechanics, Grammar & Citations)

All references used (including books and internet sites) must be clearly cited in the bibliography.

**Publication**  
The ZAH Library reserves the right to publish any or all essays in the media of their choice.
Honor System: Entrants shall not receive assistance from others.

RESEARCH INTERNSHIPS IN SCIENCE AND ENGINEERING FOR AMERICAN STUDENTS
Application Deadline: 30 November 2010

Indo-US Science and Technology Forum (IUSTSF) announces the Research Internships in Science and Engineering (RISE) to create unique opportunities for science, technology, engineering and medical students from the United States to undertake internships in national laboratories, federal research centers, academic research institutes and private R & D laboratories in India.

Eligibility
* U.S. & Indian Citizen
* Open to science, engineering, technology and medical disciplines
* Ph.D & Master students currently enrolled at a regionally accredited institution of higher education in U.S

Internship duration
3 to 5 months

Internship includes
* Monthly stipend @ Rs. 25,000.00
* Accommodation to be provided by Host Institution/Company.
* Return Airfare (Coach Class)
* Visa Cost

Application Form: [http://www.indousstf.org/RiseProgram/RISE_2010_Application_Form.doc](http://www.indousstf.org/RiseProgram/RISE_2010_Application_Form.doc)

CHEF JEHANGIR MEHTA’S MANTRA – THE RULES OF INDULGENCE - A review by Jehanbux Mehta

I was intrigued! Why Mantra for the title of his cook book, I had wanted to ask Chef Jehangir Mehta when he had delighted and charmed us on his visit to our Centre a few weeks ago. A cursory look at the contents revealed why. And, the introduction to the book with the foot notes to the recipes confirms how appropriate the title is.

Those of us who grew up in the sub-continent will immediately relate to Jehangir as he goes down memory lane reminiscing of bapaiji, mamaiji and mum too, insisting on regular doses of nature’s bounties, like it or not, and conjuring recipes containing those ingredients that promised, and delivered, good health. In spite of protestations from us young ‘uns, supported on rare occasions by dad, we had to gulp down cauliflower, carrots, okra and what not, or else face starvation. But, these ladies had a way of making such unappealing items palatable, and enjoyable, by throwing in fennel, chives, dill, turmeric and basil, among other herbs and spices. Jehangir has done just that in his book and has gone several steps beyond mamaiji by making his concoctions look appetizing and delicious to boot.

If you are looking for dhansak, jinga – “kolmi”, in deference to Jehangir who hails from Bombay – no patio or the ubiquitous papeta ma gosh, forget it. But, for good measure, he has thrown in naan khatai, bhakras, dar ni pori, falooda and rava to remind us that these tasty foods do exist in his world. He reminds us of honey with hot water as beneficial in many ways but what I fully subscribe to, with my modification on the measure, is a half Parsi peg of Courvoisier mingling with it, as a panacea.

Yes, you have to get hold of this book, a copy of which is in our ZAH library, compliments of Jehangir. It is so different. I attest to that, being a collector of cookbooks. We pay tribute to Bobby Flay, Emil, Batoli and others but Jehangir also stands on the same pedestal as they. Proof: runner-up in the prestigious Iron Chef contest. So, relax with orange marigold iced tea and slowly digest what he has offered by way of saffron-glazed nectarine carpaccio, turmeric Yorkshire pud, fenugreek financier and oh, so many other recipes that are completely unique and, so healthy to have. And, if you must, thoroughly enjoy basil cocktail, followed later by dill ice cream at dinner or strawberry lemongrass jam for breakfast spread thick on apple-rosemary brioche.

I dare our readers to refrain from trying several of his truly tasty recipes. C’mon guys, indulge.
ACHIEVEMENTS

congress 2000 legacy - AWARD WINNERS – YEAR 2010

Recognizing their Academic & Communal Excellence, the winners for a cash grant of $1000 each are:
The Cyrus R. Desai Memorial Award - Ervad Bahrom Firozgary
The Congress 2000 Legacy Award - Zal Bhatena

*Heartiest Congratulations to Bahrom and Zal for this achievement. You make us proud!!*

FEZANA ACADEMIC SCHOLARSHIP FOR YEAR 2010-2011

The FEZANA Academic Scholarship Program Committee has awarded Bahrom Firozgary a scholarship of US $2000 towards his educational expenses for the 2010-2011 academic year. Bahrom was selected out of 31 applications that were received this year due to his stellar academic accomplishments and service towards our community.
The Spring 2011 issue of the *FZEANA Journal* will have an article regarding this award as well.

*Heartiest Congratulations to Bahrom for this achievement. You make us proud!!*

NEW BUSINESS

Shahnaz Varahrami has started a business of home healthcare *Action Home Help*. She has a pool of nurses with whom she works regularly and can provide other home healthcare related items. She can also assist in providing transportation, if needed. Shahnaz can be contacted at 832-746-9489

OBITUARY

Banoo Keki Elavia, 71, mother of Farzana Sidhwa (Houston) and Kashmira Elavia (Mumbai) passed away on September 17, 2010 in Mumbai.

*Manashni and its readers convey heartfelt condolences to the Sidhwa and Elavia families.*

Jehangir Nadarshah Cawasji, father of Shernaz Feroze Bhandara and grandfather of Zubin, Burzin and Zarine Bhandara passed away in Karachi on Tuesday, September 21, 2010.

*Manashni and its readers convey heartfelt condolences to the Bhandara and Cawasji families.*
congress 2000 legacy

congress 2000 legacy - our award winners...

Recognizing their Academic & Communal Excellence; the winners for a cash grant of $1000 each for the year 2010 are:

The Cyrus R. Desai Memorial Award - Erva Bahrom Firozgary

The Congress 2000 Legacy Award - Zal Bhatena

Two outstanding students have been selected as recipients of the Award. The winners were chosen by an executive judgment of the Legacy Planning Committee. Both applicants are to be commended on their dedication, achievement and contributions.

The congress 2000 legacy Award was established as a result of the funds that resulted from the success of World Zoroastrian Congress 2000. The award recognizes young Zoroastrian students who are studying at the University level and who have achieved excellence in their scholastic studies, in extra-curricular activities and who have made substantial contribution to Zoroastrian community affairs.

This is the fourth year where two students are recognized and awarded this grant-in-aid. Additionally, this is the second year that one of the legacy awards has been designated as "Cyrus Rohinton Desai Award" in memory of a courageous young Houstonian who lost his battle with cancer. This year, again, the Legacy coffers received another $5000 grant from the Desai family! Thank you so very much. Our children will be tomorrow's Zarathushti's and it is our duty to encourage, mentor and acknowledge their merits.

The congress 2000 legacy Committee and the ZAH Executive Committee congratulate the winners. We believe these students deserve to be recognized as innovators and leaders for tomorrow's global community. By supporting the next generation of great minds we pay tribute to the success of the World Zoroastrian Congress.

The congress 2000 legacy is an award program of the Zoroastrian Association of Houston
TOUR

Visit the Ocean Star Oil Rig Museum—one-of-a-kind Museum located in Galveston, Texas. Step aboard a retired jack-up rig and enjoy 3 floors of exhibits and interactive displays illustrating the story of offshore oil and gas from seismic technology to exploration and production.

Tour starts at Hotel Intercontinental, Houston
Date: December 28, 2010
Time: Start 12:30 sharp—Return 4:30 pm
Cost: $25.00 per person (includes entrance fee)
Reservations: Zarir Sethna zarirs@sbcglobal.net
or (713) 963-4229
Payment by checks only. Checks to be made to "WZCC—Houston" and mailed to: Zarir Sethna, 2221 Crescent Palm Lane Houston, TX 77077. Check must be received by December 23, 2010.

GALA DINNER

Speaker: Globally skilled restaurateur and entrepreneur, Iron Chef finalist Jehangir Mehta, will talk about: "Passion & Risk: Two Sides of the Success Coin".

Hotel Intercontinental, Houston, TX
2222 West Loop South, Houston
Date: December 28, 2010
Mixer: 7:00 — 7:30 pm—Dinner & talk 7:30 — 9:00 pm
Cost: $40.00 per person
Reservations: Zarir Sethna zarirs@sbcglobal.net
or (713) 963-4229
Payment by checks only. Checks to be made to "WZCC—Houston" and mailed to: Zarir Sethna, 2221 Crescent Palm Lane, Houston, TX, 77077. Check must be received by December 23, 2010.
A General Body Meeting of the Zoroastrian Association of Houston will be held on Sunday, November 14, 2010, at The Zarathushti Heritage and Cultural Center, 8787 W. Airport Boulevard, Houston, TX 77071 at 2:00PM.

AGENDA: Members wishing to include any items for discussion may forward the subject matter to the ZAH Secretary, by e-mail, to percy.master@hp.com, by October 8, 2010 so that they can be included in the agenda. NO NEW MATTERS WILL BE ENTERTAINED FROM THE FLOOR ON THE DAY OF THE MEETING, OR WILL BE ACCEPTED AFTER 10/8/2010.

The Executive Committee proposes the attached motion, which will be voted upon by the general body.

The Term of Office as defined in Article 5.3: The term of office for all Executive Committee members shall be two (2) years. No member shall be allowed to serve on the Executive Committee for more than two (2) consecutive terms. The preceding clause may be over-ruled for a particular case or cases by an eighty percent (80%) majority vote of a meeting called for election purposes.

The following positions on the Executive Committee are up for election:

1. Member Rustom Setna  Completed one 2-year term  Eligible for re-election, but declined to stand
2. Member Kershaw Khumbatta  Completed one 2-year term  Eligible for re-election
3. Member Open
4. Secretary Percy Master  Completed two 2-year terms  Term Completed

PROCEDURE FOR NOMINATION OF MEMBERS: An Election Commissioner will be announced at a later date. The Election Commissioner will be responsible for receiving nomination forms from the Recorder (Secretary) and verifying all nominations. The Election Commissioner will also coordinate any other nomination procedure, which may include active solicitation of nominees. Additionally, the Election Commissioner will coordinate and conduct the election process. Please send the completed Nomination Forms by October 8, 2010 to the ZAH secretary. No last minute nominations will be accepted after the deadline and absolutely no nominations will be accepted from the floor. The nominee must sign the “Nomination Form”, which is provided with this announcement. This is to ensure that the nominee understands the responsibilities of the office and is willing and able to serve the full two-year term.

In nominating the person(s) of your choice, please be guided by the following:

- All nominees must be regular members in good standing (fees paid up) for a period of at least six (6) months prior to the election and must be eighteen (18) years of age or older (Article 5.7).
- No two members of an immediate family shall serve on the Executive Committee, or on the same subcommittee at any one time. However, they may serve on two different subcommittees at the same time. (Article 5.7).
- The Secretary shall be responsible for keeping the minutes of all General Body and Executive Committee meetings, and inform members of all meetings and functions, and be Custodian of the Seal of the Association, and of all books, papers, records, correspondence, contracts, and other documents belonging to the Association (Art. 8.6).

Voting will be by Secret Ballot. Proxy votes will not be accepted. All paid up members, for the year 2010 (paid up to the day of the voting) are eligible to vote.

Lunch will be served from 1:00PM to 2:00PM, immediately after Sunday School. Although the ZAH is hosting this lunch, donations are always welcome. Please RSVP to Percy Master via e-mail at percy.master@hp.com positively by November 4, 2010 to get a proper headcount.
TO:
Percy M. Master
ZAH Secretary
11414 English Rose, Missouri City, TX 77459.

ZAH EC MEMBER NOMINATION FORM

The completed nomination form must either be mailed to the ZAH Secretary, Percy M. Master, at 11414 English Rose, Missouri City, TX 77459, or scanned- emailed to percy.master@hp.com no later than October 8, 2010.

I hereby nominate ____________________________________________

for the position of ____________________________________________

on the Zoroastrian Association of Houston (ZAH) Executive Committee.

I understand that this nominee must be eligible for election, and satisfies all the laws and by-laws of the ZAH Constitution. This nomination form is considered to be valid only if it is signed by the nominee, nominating member and the seconder.

No nominations will be accepted after this date.

No nominations will be accepted from the floor on the Election Day.

________________________  ________________  ____________________
SIGNATURE          SIGNATURE          SIGNATURE

________________________  ________________  ____________________
NOMINATING MEMBER      SECONDED BY      NOMINEE

Date:_________________  Date:______________  Date:______________