



**MANASHNI SPONSORED BY**

**SETHNA FINANCIAL GROUP LLC, ZARIR J. SETHNA, CLU®, ChFC®, LUTCF®**  
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**OFFICE 713-963-4229**

**SUNDAY SCHOOL**

**PLACE:** ZHCC  
8787 W. Airport Blvd.  
Houston, TX 77071  
Tel: 713-270-9339

**TIME:** Different timings for each group

**DATE:** May 15, 2022

**Children's Session:** The Sunday School session starts at **10.30 a.m. in-person and by Zoom**

**Middle Group:** The Sunday School session at **11:00 a.m. – in-person & by Zoom**



**Youth Group:**



**Disclaimer and Authorizations – When attending any events at ZHCC premises, please abide by all the State of Texas and Harris County regulations prevalent on the day. The attendee(s) will NOT hold ZAH or any board member or the organizer(s), responsible for any COVID-19 related or any other sickness, accidents and/or mishaps either to themselves, to their vehicles or any other vehicle(s), person(s) and/or property. All the rules, regulations and disclaimers are effective upon members entering ZHCC premises on the "day of the event" and shall remain effective until they leave the ZHCC premises that day.**

**UPCOMING EVENTS**

- Friday, May 13, 2022 – Library Event – See flyer**
- Sunday, June 5, 2022 - Maidhayarem Gahambar – See flyer**
- Saturday July 23, 2022 - ZAH Youth Fundraiser 2022 – See flyer**
- Friday July 29 to Sunday July 31, 2022 - Z-Camp 2022**

**REPORT**

**LIBRARY REPORT**

By: Jangoo Mistry

**An Evening with ZYNA**

Come and Support Our Youth

On Friday, May 13, the ZAH Library Committee is sponsoring a unique opportunity to witness the incredible talents of our Zoroastrian youth all across the globe.

We will start at 6:30 with a half-hour mixer with wine and cheese. The entertainment program will start at 7 pm. Our Rayomand Katrak and Zenia Sunavala, the ZAH reps to ZYNA (Zoroastrian Youth of North America), will highlight the activities of ZYNA followed by a 45 minute recorded performances of youth in vocal and instrumental music in different locales.

## ZAH EXECUTIVE MEMBERS

Katrak, Percy – Chairman  
Gagrat, Nikita  
Hormuzdi, Khursheed  
Khumbatta, Kershaw  
Mistry, Jasmine  
Dastur, Khursheed – Secretary  
Billimoria, Farokh – Treasurer  
Sarkari, Nazanin – FEZANA Rep

## OUR ERVADS (PRIESTS)

Boomla, Noozar  
Buchia, Kyrus  
Dastur, Barjor M  
Dastur, Darius  
Desai, Farrokh  
Firozgary, Bahrom  
Gonda, Pervez  
Kanga, Neville  
Katrak, Rayomand  
Katrak, Vispi  
Khumbatta, Noshir  
Kotwal, Zubin  
Masani, Dara  
Nariman, Khushrav  
Pavri, Shapur  
Sanjana, Bahmanshah  
Sanjana, Kurush  
Sidhwa, Kayomarz  
Sidhwa, Maneck  
Sidhwa, Yazad  
Unwalla, Peshotan  
Vimadalal, Freyaan  
Vimadalal, Khushroo

## Adar Mahino Adar Roj Parabh Jashan



The evening will conclude with a potluck dinner at 8 pm. Our patrons have always volunteered to bring a scrumptious variety of food in the past.

It is a matter of pride for all of us that our coming younger generation has such talent and promise. Watching them perform in a group setting will be an experience you will not forget. So please put this date on your calendar (May 13) for a good time. Can you think of a better way to spend a Friday evening than this free event?

## ATASH KADEH NEWS

By: Persis Behramsha

Hope everyone has been enjoying the lovely weather Spring has gifted us, along with the extra daylight hours, before Summer hits us!

After the onset of the Navroz and the beautiful beginnings it has brought along, we rolled into April with our regular but heartily sponsored Behram Roj Sponsored Jashan. Our sponsors are truly our blessings. Our very enthusiastic group of sponsors promptly volunteered when we had a last minute schedule change – for this, we are very grateful and thank the families of Amy & Erach Balsara, Nilufer & Phiroz Darukhanavala, Thrity & Rohinton Desai, Arnavaz Godiwalla, Avan & Jehangir Shroff and Scheherazade Aresh.

As we moved further along, on April 21, 2022, we celebrated the Atash Parab, which falls on Adar Mahino and Adar Roj. This is an auspicious day since we believe in celebrating the Creation of Fire, Ahura Mazda's Greatest Gift. This day is also Paak Iranshah's Birthday when hundreds of Humdins from all over India, congregate in Udvada, to pay their homage to our Padshah Saheb.

Fire is referred to as the 'Son of Ahura Mazda'. It is believed that both Ardibehesht Yazad and Adar Yazad visit our homes on this day, to bless the house fire and its family members. Therefore, the kitchen and house are prepared ahead, on DaepAdar Roj, to welcome the Guardian Angles. The word Adar means Fire, hence this day is celebrated as the Feast of Fire and also referred to as Atash Nu Parab.

Being such an important day, our sponsors, the Khumbatta family, who have pledged to host this every year since the inauguration in 2019, helped us celebrate the Atash Nu Parab with an array of fruits, flowers, snacks and lots of camaraderie. Thank you to the entire family - Kawas, Nazneen, Kershaw, Mitra & Zubin, Noshir and Farahnaz. We appreciate your commitment and generosity and loved seeing so many of our community members attend.

Our weekend Zoom Boye continues on Saturdays at 4:30 p.m. and Sundays at 11:00 a.m..

Our Sponsored Behram Roj Jashan calendar has only the last 3 months open as follows:

Tuesday October 4, 2022  
Thursday November 3, 2022  
Saturday December 3, 2022  
Saturday September 3, 2022 - available for Farvardin Mahino  
Farvardin Roj, Farvardegan Jashan.

**YOUTH GROUP**  
**The Movers & Shakers of Youth Group**



**THESE KIDS DESERVE OUR SUPPORT**  
**MARK YOUR CALENDAR**  
**JULY 23, 2022**

We hope to have more commitment from our generous members, in supporting and donating, to help with the ongoing maintenance of our Atash Kadeh. Ask us how you can help.

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**YOUTH GROUP REPORT**

By: Roshni Chikhliwala (On behalf of Youth Officers)

This month the youth group volunteered at the Atash Kadeh. The youth group worked hard to make this event a success and we would like to thank Shanaya Vakil, Mahtab Dastur, Zal Italia, Diana Sabawala, Freyaan Vimadalal, and Roshni Chikhliwala for coming to the event and helping clean the Atash Kadeh.

Also, the youth group will be having a fundraiser where there will be an International Fashion Show, Music, and Dance Night on July 23<sup>rd</sup> 7:00 pm onwards, please save the date and come support the youth group!

**Purpose:**

- 50% of the net profits will be donated to the Atash Kadeh
- 50% of the net profits will be used to subsidize Youth

Congress fees, ZAH Middle & Youth Camps, Volunteer Activities, Lock-ins, etc.

**Food:** Scrumptious appetizers, dinner, and desert.

**Entertainment:** Enjoy a fun and entertaining evening with an International Fashion Show, comedy and Flash Mob Line Dancing planned by our talented ZAH Youth and choreographed by young ZAH professionals, Hollywood/Bollywood Dance and Music by DJ Gary, BINGO, silent auction of yummy goodies, and more...

**Raffle/Door Prizes:** We will give away lots of door prizes through the evening.

**Cost:** Enjoy an amazing evening that includes entertainment, a scrumptious dinner, DJ, Bingo tickets, Door Prizes and more while support our youth raise funds for the Atash Kadeh, all for a low cost of \$35 per person (children under 5 FREE).

**Donations:** Your ZAH youth are planning and working tirelessly to make this fundraiser a success and would like to thank you in advance for your generous donation.

Finally, thank you to all the youth, youth mentors, and youth teachers as none of this would have been possible without your help and support.

**TOP THREE PLACEMENTS  
Darien Vimadalal**



**Shireen Anklesaria**



**Mahtab Mondegarian**



**WZCC - MEDICAL SEMINAR**

**Presenter – Dr. Sohrab Italia**



**Presenter – Sanober Tamboli**



**MISCELLANEOUS**

**SUNDAY SCHOOL – MIDDLE GROUP ACTIVITY**

By: Nazanin Sarkari

In lieu of introducing innovative ways of learning and disseminating classroom information the Middle Group Sunday School held its first ever Elocution Competition on Sunday, April 10th. It was a great success as we had almost full participation of the students. The topic to elocute was “A Story from the Shahnameh”. The participants were evaluated on topic (is it really interesting to capture attention), clarity (can they be understood or are they speaking too fast or mumbling), enthusiasm (how interesting does the speaker sound, is there expression in their voice/speech), delivery (level of confidence for the delivery of the speech), modulation (tone of voice), able to make eye contact, speech by memory or reading. Speech length was 3-5 mins per person.

We thank Nozer Buchia and Rohintan Deputy for taking time out of their busy schedules to be the event judges and also sponsoring the awards. In addition each participant received a copy of “Roadmap to Success” by Dr. Deepak Chopra, Nozer Buchia and Dr. Ken Blanchard.

The top 3 placements went to Darien Vimadalal, Shireen Anklesaria and Mahtab Mondegarian. They received gift certificates and a copy of “Why Entrepreneurs REALLY Fail” by Nozer Buchia  
A job well done!!!!

**WZCC – Medical Seminar**

By: The WZCC Committee

World Zoroastrian Chamber of Commerce (WZCC) Houston Chapter, hosted its first Medical Seminar of the year on the 29<sup>th</sup> of April, 2022 at the ZAH. We are very thankful to our speakers, Dr. Sorab Italia and Dr. Sanober Tamboli for sharing their knowledge and insights.

Dr. Sorab Italia spoke on Preventative Medicine, covering a range of topics including Cardio Vascular Disease, Cancer and Diabetes. Dr. Italia has been working with West Houston Family Practice for the past 20 years. His practice covers a gamut of adult medicine with primary focus on geriatrics.

Dr. Sanober Tamboli addressed Allergies 101, educated us on topics covering Asthma, food allergies, allergen immunotherapy, chronic sinusitis and atopic dermatitis. Her passion to optimize each patient's quality of life and free them of limitations caused by allergies came shining through.

The event was hosted on a Friday evening to make it easier for professionals with busy mid-week work schedules to attend. A complementary Kid Activity center for ages 3 – 12 was managed by Youth group volunteers. This enabled parents with young children to attend the event.

**OUR MEDICAL PROFESSIONALS WITH THE COMMITTEE MEMBERS**



We are very fortunate to have several Medical Doctors as part of our community. A Kodak moment with all the doctors present at the event was captured as well.

The event was a huge success, with 110 attendees, great insights from the docs and good food.

Feel free to reach out to any of the WZCC Houston committee members if you have questions about WZCC or would like to become a member: Aderbad Tamboli, Jal Sethna, Kaemerz Dotiwalla, Kershaw Khambatta, Rustom Engineer, Sharmeen Irani or Yasmin Medhora.

**ZAH SENIOR VOLUNTEER GROUP**



**SENIORS VOLUNTEER AT FOOD BANK**

On April 13, a group of ZAH Seniors went to Houston Food Bank at Portwell St. Warehouse to help pack boxes of canned and nonperishable food. Roshan Engineer coordinated this effort with the Food Bank.

It was a well-organized effort by the Food bank. A 10 minute orientation was given at first where safety and other procedural matters were explained. We were then led into the warehouse area where huge containers of canned goods and non-perishable food items were stored.



Our group of 19 was made to stand behind a roller stand and put the items designated to us in the box as it went by on the roller. Fortunately it was not mechanical (everyone thought of Lucille ball where she had to put chocolates in the box as it went by) - we had to manually push the box to the next person. It started with an empty box from one end to the filled box on the other end where each box was taped and weighed. As our designated item finished we called out to runners to bring those items.



At the end of 3 hours, we had filled 300 boxes. We were told we had reached our quota in record time.

Tired but happy, we left very satisfied with ourselves for having fulfilled our Humata, Hukhta, Hvrashta for that day.

**AMAZON SMILE**

**AMAZONSMILE PARTNERSHIP WITH ZAH**

By: Kayomarz Sidhwa



Mother's and Father's Days are coming up soon and as most of you know, ZAH benefits whenever you shop via Amazon. As of March 28th, Amazon has donated almost \$1,500 to ZAH since we joined this initiative. Please use the link below and you will be directed to great gift ideas all year round in support of our Zoroastrian Association of Houston. For queries and setting up the account first time (only once) please have a look at the details below from Amazon: AmazonSmile: You shop. Amazon gives.

## AMAZON SMILE



### BUY MOTHER'S DAY GIFT WITH AMAZON SMILE



OR



### OR FATHER'S DAY GIFT



### What is AmazonSmile?

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. AmazonSmile is available at [smile.amazon.com](https://smile.amazon.com) on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop with AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to the charitable organization of your choice.

### How do I select a charitable organization to support with AmazonSmile?

On your first visit to AmazonSmile, you will be prompted to select a charitable organization (Zoroastrian Association of Houston - not ZAH) to receive donations from your future eligible AmazonSmile purchases. We will remember your selected charity whenever you shop at [smile.amazon.com](https://smile.amazon.com) or with AmazonSmile activated in the Amazon Shopping app, and then every eligible purchase you make through AmazonSmile will result in a donation for your selected charity.

### Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

### How do I shop with AmazonSmile?

To use AmazonSmile, simply go to [smile.amazon.com](https://smile.amazon.com) on your web browser or activate AmazonSmile in the Amazon Shopping app on your iOS or Android phone within the Settings or Programs & Features menu. On your web browser, you can add a bookmark to [smile.amazon.com](https://smile.amazon.com) to make it even easier.

### How do I activate AmazonSmile in the Amazon Shopping app?

AmazonSmile is available for Amazon customers with the latest version of the Amazon Shopping app on their mobile phone, including Android devices with version 7.0+ or iOS devices with version 12+. To activate AmazonSmile in the Amazon Shopping app, simply tap on "AmazonSmile" within the Programs & Features menu or Settings and follow the on-screen instructions.

### Do I need to renew AmazonSmile?

AmazonSmile renewals happen twice a year to help keep AmazonSmile on mobile app. AmazonSmile will notify you of these renewals via push notifications and through in-app notifications.

If you miss a renewal you can reactivate at any time by repeating the steps to "turn on" AmazonSmile on your mobile device. There is no renewal period for browser shopping on AmazonSmile, which you can use anytime by typing '[smile.amazon.com](https://smile.amazon.com)' into your browser.

## SWETA SETHNA



## SEBASTIAN CYRUS COOPER



## AWARDS & ACCOLADES

### SWETA SETHNA HONORED

Hearty congratulations to our very own Sweta Sethna for being recognized by the National Women's Conference as one of the Top 100 Women in Business. The conference highlights women's unique contributions as leaders and provides a venue for women to learn and network with other professionals. As you know, besides having a successful career as an attorney, Sweta has been an active member and volunteer of ZAH and has also served on the ZAH Board. We are proud of Sweta and wish her more success.

## MILESTONE

### BIRTH

Baby boy, **Sebastian Cyrus Cooper**, born to Burjis & Amanda Cooper on April 27, 2022 in Austin, Texas. Homi & Nargis Cooper are proud and happy grandparents. Firoze Cooper is the proud uncle.

Baby girl, **Zoey Zaran Engineer**, born to Zaran and Greycy Engineer on April 27th, 2022. Kersi and Thrity Engineer are the proud and happy grandparents.

## WEDDING

**Ashdin Medhora**, son of Yasmin & Late Noshir Medhora was married to Rebecca Qian, daughter of Sherry Jiang & Late Steven Qian on March 5, 2022 in Houston, TX.

## OBITUARY

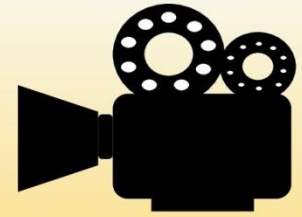
**Perin Rustom Sagar**, wife of late Rustom Sagar, Mother of Vispi & Porus Sagar, mother-in-law of Pervin & Villy Sagar, grand mother of Zia & Rustom Anklesaria, Ayesha & Jason Wageneck, Carl & Amy Sagar, Zanaida & Paul Conrad; great grandmother of Shireen & Ariana Anklesaria, Cyrus & Roman Wageneck, Quinton & Cyrus Conrad, Mara & Lily Sagar, passed away peacefully in Bombay on April 12, 2022

**Noshir Rustom Sidhwa**, husband of Bapsi Sidhwa, father of Parizad Sidhwa Sethna, father-in-law of Khurshed Sethna, brother-in-law of Feroze & Shernaz Bhandara, grandfather of Nozar Khurshed Sethna, uncle of Zersis, Mezdi and Tiraz Birdie, passed away peacefully on May 2, 2022..



# An Evening with ZYNA

Showcasing Zoroastrian Talent Around the World



Join us for a Fun-Filled Friday Family Event

May 13, 2022

Meet Rayomand Katrak and Zenia Sunavala

Our representatives to

Z Y N A

Zoroastrian Youth of North America

## PROGRAM

6:30 pm – 7 pm: Mixer with Wine and Cheese

7 pm – 7:15 pm: Introduction to ZYNA

7:15 pm – 8:00 pm: An abridged entertainment program celebrating Nowruz 2022, featuring talented young performers from around the world

8:pm: Potluck dinner showcasing delightful dishes from our own ZAH households

Where: Zarathushti Heritage & Cultural Center— Purvez Rustomji Room

This event is free – bring friends and family, especially children of all ages

Please RSVP for the purposes of headcount to **Arnavaz Sethna:**  
[ahsethna@yahoo.com](mailto:ahsethna@yahoo.com)







# Maidhiayarem Gahambar (Dae Mahino)

SUNDAY JUNE 5, 2022

JASHAN PRAYERS AT THE ATASH KADEH – 11 a.m.



[CLICK HERE AND RSVP](#)

**If registered by May 15, 2022**

**Ages 11 & Up: \$11; Ages 4-10: \$7; Ages 3 & Under Gratis**

**Starting May 16, 2022 through May 29, 2022: Rates \$16 & \$10**

*We request you  
RSVP and pay  
online for this  
event*

**PERSIAN FOOD WILL BE SERVED – 1 p.m.**

**GAHAMBAR SPONSORED BY  
THE YAZDANI FAMILY**

*For Questions contact:  
Banafsheh Mondegarian  
(832) 420-2586  
bmondegarian@yahoo.com*

**ZAH COMMUNITY GRATEFULLY THANKS OUR ERVADS FOR  
PERFORMING THE GAHAMBAR JASHAN**

Our goal remains to keep these functions as affordable as possible so you as a ZAH member can attend and enjoy. However if you feel that you are unable to attend solely due to the cost please let us know. We have donations in place to subsidize your cost and we will guarantee confidentiality. Financial ups and downs are a part of most families life cycles. In a way, they are a blessing because they allow innovation, dedication and hard work to take root in oneself. Please use this facility and in better economic times, there will be plenty of opportunities to remember and help your own community members and your own association a thousand times over. Please note this is only available to current ZAH Members in good standing.

**Organized by: ZAH Entertainment Committee**

*Entertainment, Food, Bingo & Activities at the..*  
***International Fashion Show!***

***When?***  
*July 23 at 7:00 pm*

***What?***  
*ZAH Youth Group Fundraiser*

***Where?***  
*Zarathushti Heritage & Cultural Center*

***Why?***  
*To raise funds for our Atash Kadeh and Youth Activities*

***Admission Fee: \$35***

